



APPENDIX I – RESOURCE LIST

Relevant Resources for the Greater Vancouver Area

Catherine White Holman Wellness Centre (CWHWC)

The CWHWC is a community-based clinic run by and for trans and gender diverse people, offering free low-barrier services including counselling, legal advice, nutritionist support, registered massage therapy, and nursing.

Tel: 604-669-9474

E-mail: contactus@cwahwc.com

Three Bridges Community Health Centre – Trans Specialty Care Program

Provides knowledgeable, gender-affirming, specialized health care to transgender and gender diverse people ages 15 and up.

Tel: 604-331-8901 Local 23923

Webpage: <http://www.vch.ca/Pages/Contact-the-Trans-Specialty-Care-Program.aspx>

Trans Care BC

Trans Care BC is a BC-wide information service and resource hub. We work to make sure people have the information they need to access gender affirming health care and supports.

Tel: 1-866-999-1514

E-mail: transcareteam@phsa.ca

QMUNITY

QMUNITY is a non-profit organization based in Vancouver, BC that works to improve queer, trans, and Two-Spirit lives. We provide a safer space for LGBTQ2SAI+ people and their allies to fully self-express while feeling welcome and included.

Tel: 604-684-5307

E-mail: reception@qmunity.ca

Relevant Resources for the Greater Toronto Area

The 519

The 519 is committed to the health, happiness and full participation of the LGBTQ2S communities. A City of Toronto agency with an innovative model of Service, Space and Leadership, we strive to make a real difference in people's lives, while working to promote inclusion, understanding and respect.

Tel: 416-392-6874

E-mail: info@the519.org



Sherbourne Health Centre (LGBT2SQ+ services)

Sherbourne offers a wide range of primary healthcare programs and services to lesbian, gay, bisexual, trans, two-spirited, intersex, queer or questioning individuals. Our goal is to provide dignified, non-judgmental services to help clients feel better, cope better with day-to-day challenges and address specific LGBT2SQ health issues.

Tel: 416-324-4103

E-mail: info@sherbourne.on.ca

Toronto Trans Coalition Project

The Toronto Trans Coalition Project is a new partnership of trans and gender non-binary support and advocacy groups in Toronto.

Online contact form: <https://transcoalitionproject.com/index.php/contact-us>

Relevant for both cities:

Trans LifeLine

Trans Lifeline is a trans-led organization dedicated to improving the quality of trans lives by responding to the critical needs of our community with direct service, material support, advocacy, and education. Our vision is to fight the epidemic of trans suicide and improve overall life-outcomes of trans people by facilitating justice-oriented, collective community aid. We operate a peer support hotline that is available daily between 7AM and 1PM PST.

Hotline: 877-330-6366